

Energy

2017

November

Riverside Elementary East Lunch Menu



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<p>Prices: Paid Lunch \$2.20 Reduced \$.40 Free \$.0</p>				<p>1 Tacos Chicken Nuggets w/WG Brd Turkey & Cheese Sandwich Steamed Rice Garden Salad Fresh Fruit or Juice</p>		<p>2 Hot Dog on a Bun Chick.Nuggets w/WG Brd Brd.Buffalo Chicken Salad Sweet Peas Fresh Celery Sticks Applesauce or Juice</p>		<p>3 Chicken Patty Sand. Cheese Pizza Ham & Cheese Sandwich Baked Fries Garden Salad Peach Cup or Juice</p>	
<p>6 Mozz.Ch.Sticks w/Marinara Chicken Patty Sandwich Ham & Cheese Sandwich Cin.Sweet Potatoes Seasoned Peas Fresh Broccoli Fresh Fruit or Juice</p>		<p>7 Pasta w/Meatballs Hot Dog on a Bun Chicken Caesar Wrap Green Beans Red Pepper Slices Diced Pears or Juice</p>		<p>8 "New" WG Pretzel Stick Stfd.w/Cheese Chicken Nuggets w/WG Brd. Turkey & Cheese Sandwich Steamed Carrots Garden Salad Peach Slices or Juice</p>		<p>9 Nacho Platter Cheeseburger on a Bun All Amer.Chef Salad w/WG Crackers Steamed Rice Vegetarian Baked Beans Garden Salad Fresh Fruit or Juice</p>		<p>10 VETERAN'S DAY</p>	
<p>13 Meatball Sub Chicken Patty Sandwich Turkey & Ham Sandwich Seasoned Peas Baby Carrots Applesauce or Juice</p>		<p>14 Cheeseburger on a Bun Chick.Mash.Potato Bowl Turkey Sandwich Mashed Potatoes Sweet Golden Corn Garden Salad Blueberries w/Whip Topping or Juice</p>		<p>15 Hot Dog on a Bun Chicken Nuggets w/WG Brd. Ham & Cheese Sandwich Campfire Beans Orange Glazed Carrots Fresh Celery Sticks Diced Peaches or Juice</p>		<p>16 HOLIDAY MEAL Roast Turkey w/Dressing Candied Sweet Potatoes Green Beans/Cran.Sce. Pumkin Pie w/Whip Topp. Hot Dog on a Bun Fresh Fruit or Juice</p>		<p>17 Chicken Patty Sandwich Cheese Pizza Chicken Caesar Wrap Baked Fries Steamed Broccoli Garden Salad Fresh Fruit or Juice</p>	
<p>20 Mozzarella Cheese Sticks w/Marinara Sauce Cheeseburger on a Bun Chicken Chef Salad w/WG Crackers Sweet Golden Corn Garden Salad Peach Cup or Juice</p>		<p>21 Salisbury Steak Chicken Nuggets w/WG Brd. Ham & Cheese Sandwich Parsley Noodles Green Beans Fresh Baby Carrots Peach Slices or Juice</p>		<p>22 Early Dismissal Breakfast Available Bag Lunch Available Please Order Accordingly</p>		<p>23 HAPPY THANKSGIVING</p>		<p>24 NO SCHOOL</p>	
<p>27 NO SCHOOL</p>		<p>28 Early Dismissal Breakfast Available Bag Lunch Available Please Order Accordingly</p>		<p>29 Early Dismissal Breakfast Available Bag Lunch Available Please Order Accordingly</p>		<p>30 Hot Dog on a Bun Chicken Patty Sandwich Popcorn Chicken Salad w/WG Crackers Vegetarian Baked Beans Fresh Baby Carrots Blueberries w/Whip Topping or Juice</p>		<p>Foodservice Worker Substitute Positions Available. Apply online at: www.aramark.com Earn extra money while children are at school.</p>	

More Info...

Available Daily

Fresh Fruit Or Juice

Fresh Vegetables

1% Milk
Skim Milk
Chocolate Skim Milk

All Breads, Rolls, Pasta and Pizza Dough are Whole Grain

Students must pick at least one serving of fruit or vegetable with their meal

Menus are subject to change without notice.

HEALTHY FOR LIFE

